



Attach

Parent Drug & Alcohol Service

Attach

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UnitingCare West is committed to achieving justice, hope and opportunity for all, and works with people and communities so those most in need can belong and thrive. It is a not-for-profit community services organisation and part of the mission of the Uniting Church in Australia and UnitingCare national network.

Attach acknowledges the developers of the Parents Under Pressure (PUP) program - Paul H. Harnett BA MA(Hons) PhD, Sharon Dawe BA MA(Hons) PhD and Vanessa Rendalls BBehSc (Hons).

www.pupprogram.net.au

This document is available in alternative formats upon request.

Attach works with you to:

- Make informed decisions about your drug and alcohol use
- Identify high risk situations and create strategies for safe decision making
- Challenge negative views you may hold about yourself and develop positive ones
- Learn helpful emotional management strategies
- Increase your positive parenting skills
- Develop more rewarding relationships with your children
- Expand helpful life skills such as budgeting and healthy lifestyle
- Extend supportive networks



Justice, Hope and Opportunity for all

Who is Attach for?

You are welcome to participate in the Attach service if you have care of a child aged eight years or younger; and have problems associated with alcohol or other drugs.

The Attach workers

Have had specialist training in working with parents experiencing substance use problems and use the Parents Under Pressure Program.

Attach is an in-home counselling service for parents concerned about their substance use

About Attach

UnitingCare West Attach recognises that problematic drug and alcohol use rarely occurs in isolation.

Many substance using parents are also struggling to cope with problems such as mental illness, family violence, financial difficulties, social isolation and strained family relationships.

UnitingCare West Attach is an in-home counselling service for parents that delivers a practical and flexible four to six month program designed to address these issues.

Parenting a child is challenging and this job becomes even harder when you are using alcohol and/or drugs.

Central to Attach is the Parents Under Pressure (PUP) program which builds on your existing strengths as a parent and responds to your individual needs.

Many parents have found the strategies suggested in the PUP program helpful in providing opportunities to create stronger relationships with their children.

How can I be referred?

Referrals will be accepted from a range of sources including contacting Attach yourself, referrals from Alcohol and Drug agencies, Department for Child Protection and Family Support, Mental Health Services, Department of Corrective Services and other community organisations.

