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## **Aboriginal Carers Celebrate NAIDOC Week**

**UnitingCare West's Aboriginal Family Respite Service, which provides support for aboriginal carers looking after a family member with a mental illness, will recognise NAIDOC Week by hosting a range of pampering experiences at Balga Evangelical Church .**

UnitingCare West CEO, Sue Ash, says "The Aboriginal Family Respite Service is a place where a great mixture of people come together. The activities planned will create a stronger sense of community by uniting people and celebrating Aboriginal culture".

Aboriginal carers will be treated to a pamper service that includes a hairdresser, nail painting, beauty therapist, reflexology and massage. There will also be painting activities, music and a communal lunch.

The program improves the social and emotional wellbeing of aboriginal people by giving them 'time-out' from their full time role as carers.

The Aboriginal Family Respite Service is free for carers and family where family members are experiencing emotional and mental distress.

--End Media Release--

**For media information, photo and interview opportunities please contact:**

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